



# Pacific Shores MEDICAL GROUP

Hematology · Oncology · Infusion Services

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## PET Sodium Fluoride Bone Scan Test Information

### What is a PET Sodium Fluoride bone scan?

A PET (Positron Emission Tomography) Sodium Fluoride bone scan is a state-of-the-art diagnostic test that detects abnormalities in the bone. Your doctor uses this information to help diagnose and manage your disease.

### How do I prepare for a PET Sodium Fluoride bone scan?

- Please be on time for your appointment; the materials used for the scan will not work if there is a delay.
- Fasting is not required.
- Dress in warm, comfortable clothes. Avoid clothes with metal in them such as buttons or under-wires. Do not wear jewelry.
- Discuss with your doctor if you are claustrophobic or have problems lying still during the scan. Your doctor may order medication to help you relax during the procedure.
- Bring medicines for pain, anxiety or claustrophobia if you are already taking them.
- Plan to have someone take you home if you will be taking medications that may cause impairment of your ability to go home on your own.

### What does a PET Sodium Fluoride bone scan involve?

You will be given an intravenous radiotracer and then you may leave the site for 1 hour. After one hour, you will return to the site where you will then lie flat on an examination table during the scan for about 70-90 minutes.

### What should I bring for a PET Sodium Fluoride bone scan?

- Please bring a copy of the CD's and report of any recent PET, CT, or bone scan done elsewhere if applicable.
- Please bring medications you need to take before the time you get back home.

### When will I receive the results of the PET Sodium Fluoride bone scan?

Written results will be available in 2-3 days. Your doctor will discuss the results with you.

Please call 562-590-0345 at least 24 hours in advance to cancel or reschedule your appointment. If we do not know about a change in your schedule, we may not be able to do the test, we will have to discard valuable materials reserved for your test, and you may be responsible for the costs of the materials.